

Let Go of the Toy Bag & Get Up Off the Floor!



Here are a few tips to help you ditch the toy bag!

- ☆ Step back and observe
- ☆ Ask the family about routines that go well & those that are challenging – then plan to join them!
- ☆ Wean yourself (and the child) by taking fewer toys each visit
- ☆ Leave the toy bag in the car
- ☆ Meet at a new location

Here are a few more tips to help you get up off the floor!

- ☆ Put everything you do in the context of family routines
- ☆ Go where they go, do what they do, seek out learning opportunities in the child's and family's everyday activities!
- ☆ ASK: What would you be doing if I wasn't here right now? ...then do that!
- ☆ Balance toy play with supporting families in other routines
- ☆ Think about intervention more broadly and remember your role as coach and consultant
- ☆ Plan to target a specific routine on the next visit
- ☆ Problem-solve and plan together for how the family will use the strategy between visits
- ☆ Coach instead of "do" so that the parent can practice using the strategy during the visit by:
 - Using what they have
 - Following the child's/family's lead
 - Asking good questions
 - Observing THEN joining in!

Just a few more...

- ☆ Ease yourself into a new practice
- ☆ Start fresh with new families
- ☆ Partner with a colleague
- ☆ Do something different at each visit