

## Coaching in Action Checklist ☺

<p><b>JOINT PLAN:</b> Agreement by the coach and coachee on the actions they will take or the opportunities to practice between coaching visits</p>	<ul style="list-style-type: none"> <li>✓ Referenced from last session and used to check in/begin? <b>YES or NO</b></li> <li>✓ Asked the family what they would like to work on today? <b>YES or NO</b></li> </ul>	<p>Notes &amp; Suggestions:</p>
<p><b>OBSERVATION:</b> Examination of another person's actions or practices to be used to develop new skills, strategies, or ideas</p>	<ul style="list-style-type: none"> <li>✓ Asked the family what has been tried before showing a new skill? <b>YES or NO</b></li> <li>✓ Observed family in action before showing a new skill? <b>YES or NO</b></li> </ul>	
<p><b>ACTION/PRACTICE:</b> Spontaneous or planned events that occur within the context of a real-life situation that provide that coachee with opportunities to practice, refine, or analyze new or existing skills</p>	<ul style="list-style-type: none"> <li>✓ Modeled skill after observing? <b>YES or NO</b></li> <li>✓ Gave family the opportunity to practice the modeled skill? <b>YES or NO</b></li> </ul>	
<p><b>REFLECTION:</b> Analysis of existing strategies to determine how the strategies are consistent with evidence based practices and how they may need to be implemented without change or modified to obtain the intended outcome(s)</p>	<ul style="list-style-type: none"> <li>✓ Asked family what differences they noted (previous practice vs. modeled practice)? <b>YES or NO</b></li> <li>✓ Asked family how they felt implementing? <b>YES or NO</b></li> </ul>	
<p><b>FEEDBACK:</b> Information provided by the coach that is based on his/her direct observations of the coachee, actions reported by the coachee, or information shared by the coachee and that is designed to expand the coachee's current level of understanding about a specific evidence based practice or to affirm the coachee's thoughts or actions related to the intended outcomes</p>	<ul style="list-style-type: none"> <li>✓ Verbally coached the family as needed while practicing? <b>YES or NO</b></li> <li>✓ Identified/praised/affirmed strengths of the family while practicing? <b>YES or NO</b></li> <li>✓ Facilitated reflection for the family as needed? <b>YES or NO</b></li> </ul>	
<p><b>JOINT PLAN.</b></p>	<ul style="list-style-type: none"> <li>✓ Made for in between sessions? <b>YES or NO</b></li> </ul>	

Thank you!