Quick Coaching Reference Guide

JOINT PLAN
Reference from last session and use to check in/begin.
Ask the caregiver what they would like to work on today.

OBSERVATION
Ask the caregiver what has been tried before showing a strategy.
Give caregiver an opportunity to demonstrate what they've tried before showing a strategy.

ACTION/PRACTICE
Intentionally model/coach strategy after observing/learning what caregiver has already tried.
Give caregiver the opportunity to practice the intentionally modeled/coached strategy.

REFLECTION
Use open-ended questions to help the family reflect on past and/or new strategies.
Ask caregiver what differences they noted (previous v. current practice).
Ask caregiver how they felt implementing the strategy.

FEEDBACK
Verbally coach the caregiver while practicing, by providing informative feedback.
Provide feedback that affirms the family's strengths and capacity to support their child's learning and development.

JOINT PLAN
Support the family in making a joint plan for in between sessions.