Preventing Challenging Behavior in the Home Setting

PRESENTED BY
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Today’s Presenter

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Questions We’ll Answer Today

- What do we mean by social emotional development?
- What are challenging behaviors?
- Why do challenging behaviors occur?
- What parenting practices will prevent challenging behavior?
- What should we do if challenging behavior still occurs after implementing these parenting practices?

How many of you have or are currently working with a family who has expressed that one of their priorities is to reduce their child’s challenging behavior?

Click on the hand raising button underneath your name in the participant window.
Satisfying interactions & trust
Experience & handle emotions
Self-awareness and autonomy

Social-Emotional Development

More likely to share toys
Plays by themselves or enjoys parallel play
Expresses several clearly differentiated emotions
Shows awareness of others’ feelings

Use the line tool to connect the statement to the corresponding age.
What are challenging behaviors?

Any repeated pattern of behavior that interferes with optimal learning or engagement in prosocial interactions with peers and adults

(Smith & Fox, 2003)

What percentage of parents of children receiving early intervention services through IDEA Part C (birth to three-year-olds) reported that their child had serious social emotional issues?

a. 2%
b. 4%
c. 10%
d. over 30%

(Hebbeler, Spiker, Bailery, Scarborough, Malik, & Simeonsson, 2007)
Children with challenging behavior at a young age tend to grow out of it as they age.

**TRUE**  **FALSE**

Use the *pointer tool* from the vertical toolbar to make your selection.

Young children’s challenging behavior can have long-term, adult consequences.

**TRUE**  **FALSE**
What percentage of preschoolers at risk due to poverty engage in challenging behavior?

a. 8%
b. 10%
c. 15%
d. 30%

(Qi & Kaiser, 2003)

Why do challenging behaviors occur?
three•na•ger

noun \ thre-naj-er\ :

a 3-year-old who acts out,
pouts, complains,
and has the general attitude,
angst, and mood swings
of a teenager

Variety of reasons challenging behaviors occur:

- Antecedent events
- Child skill needs
- Reinforcing consequences
In your experience, what is the most common challenging behavior that families report experiencing in the home setting?

The best place to start is with universal parenting practices that are known to promote positive social-emotional behaviors and to prevent challenging behaviors.
What parenting practices will prevent challenging behavior?

- High rates of positive attention and acknowledgement
- Predictable daily schedule
- Consistent routines
- Clearly defined behavioral expectations

1. Provide High Rates of Positive Attention and Acknowledge Occasions in Which the Child is Behaving Appropriately

5:1 Rate of Positive Attention to Negative Attention
Labeled Praise and Special Attention for Particular Interactions

You know how to hold my hand to cross the street. Thank you!

I like how you’re using nice, soft touches to pet the dog.

I love how you’re keeping the ducky in the tub!

Your Turn!
“Positive Opposites”

No standing on the chair.
2 Establish and Maintain a Predictable Daily Schedule

Schedule of Activities

Interruptions or Alterations to the Routine
3 Develop Consistent Routines within the Elements of the Daily Schedule

Regularly Occurring Activities within Daily Routines

Routines and activities should help young children answer these four questions:

- What am I doing now?
- How do I know I’m making progress?
- How do I know when I’m finished?
- What comes next?
Share with us the most difficult routines of the day for families you support...

Use your **text tool** to type your answer on the whiteboard.

**Regular Occurring Sequences**

[Image showing a sequence diagram]

**FIRST**

1. Put on snow pants
2. Put on gloves
3. Put on coat
4. Put on hat
5. Wear glasses

**THEN**

- Assemble snowman
- Get food for snack
- Bring snowman inside

[Image of children with winter clothes]

https://www.teacherspayteachers.com
Think about this scenario....

Type your response in to the chat window.

Warnings and Choices

1 Minute 3 Minutes 5 Minutes 10 Minutes
4 Clearly Define Behavioral Expectations and the Difference Between Desired Behavior and Undesired Behavior

Explicitly Teach Behavioral Expectations for Family Routine

Teach Boundaries for Appropriate Behavior

Prepare in advance
Following Challenging Behaviors with Corrective Feedback

Provide Positive Attention!
Think about this scenario....

• Positive Attention and Acknowledgement
• Predictable Daily Schedule
• Consistent Routines
• Clearly Defined Behavioral Expectations

Type your response in to the chat window.
What should we do if challenging behavior still occurs after implementing these parenting practices?

Contact Me

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THANK YOU!!!