











#### TODAY'S PRESENTER Telisha Woodfin, MSW, CEIM

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# Objectives

- Define postpartum and how it applies to Early Intervention.
- Explore the needs of a family postpartum.
- Discuss the role of an early interventionist.
- Provide strategies that support the parent/child relationship.







It all begins with asking questions

- Intake
- Assessment
- Service Delivery (i.e. service coordination and entitled services)

What questions do you already ask about the birth history?

Type in Chat



"Postpartum can be like arriving to a party right when everyone is leaving." -The Root Therapy

 $Webster\,defines\,postpartum\,as\,occurring\,in\,or\,being\,the\,period\,following\,childbirther and all of the period\,following\,childbirther and all of the period following\,childbirther and all of the period following childbirther and all of the period f$ 

## The Postpartum Transition

- Physical recovery after childbirth
- Emotional adjustment
- Lifestyle changes (i.e. sleep, self-care, work life balance, day to day household responsibilities, relationships)

















Traumatic birth experiences or other health concerns for a birth individual



Differences in temperament between babies and their caregivers



Postpartum mood disorders such as baby blues, depression and anxiety

"My compassion for you is dependent on my compassion for me."







What are some signs a birthing individual isn't doing okay?

Type in chat

Just because a baby is cared for doesn't mean a birthing individual is caring for themselves.



What is our role?	AKINKEE	Community Community	
•	Resources Available Available	The Wheel of Pospartum Nee	Space Held  Gatekeeping
Drop a stamp on possible needs we can meet as an early interventionist.	P. F. F. F.	Nurturing Nurturing	

### Strategies that support the parent/ child relationship

- Support and reinforce parent's ability to seek appropriate care

## References





