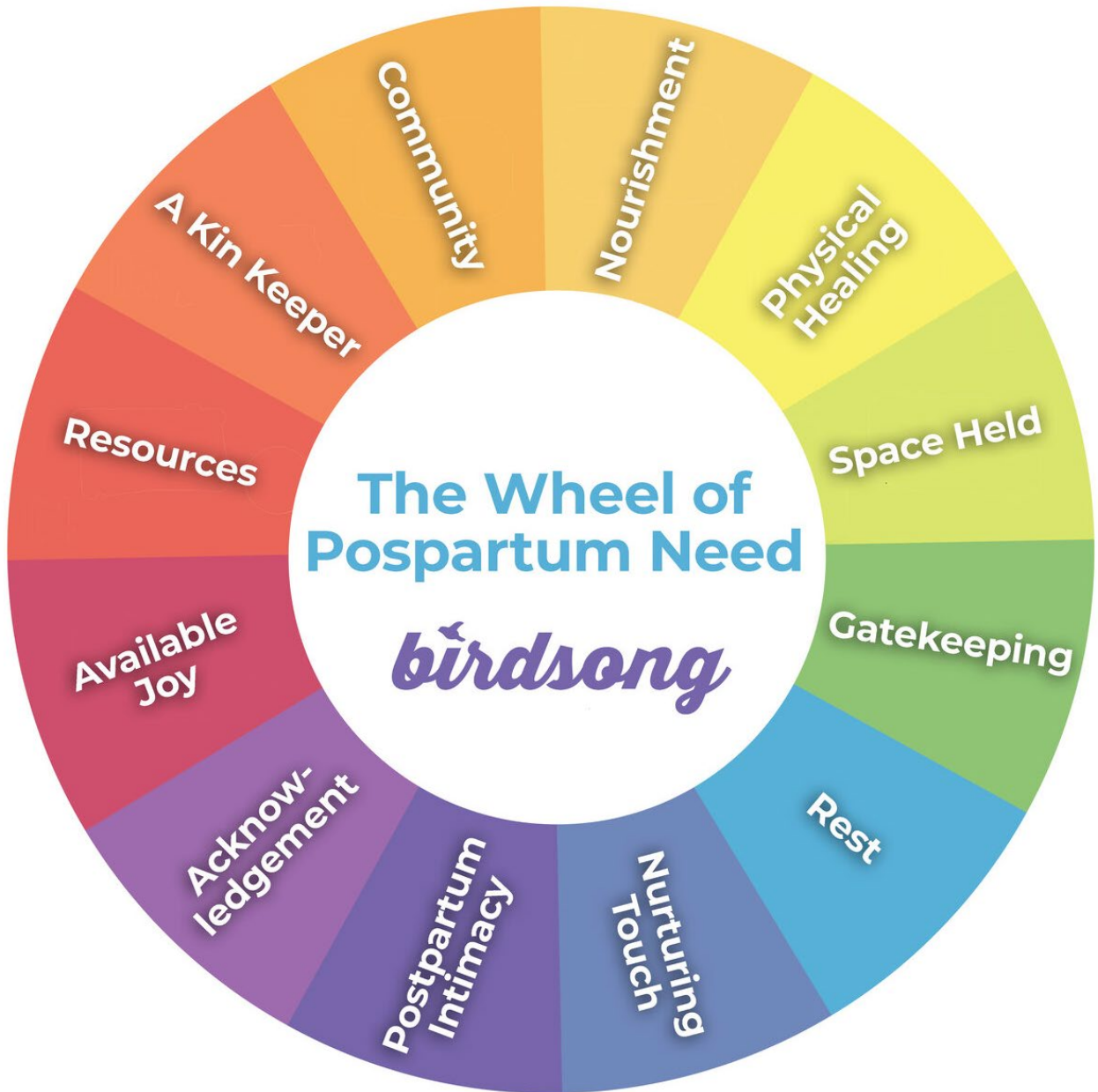


The Wheel of Postpartum Need



<https://www.birdsongbrooklyn.com/blog/wheel-of-postpartum-need>